



THIS WEEK

Café 300

Week of September
28th

What's Happening

CHECK OUT OUR TAKE HOME MEALS FOR THE WEEK

SPECIAL EVENTS:

- Salad Bar Specials:
Brussels Sprout Pear
Celery Root Slaw ^M,
Napa Cabbage
Slaw Sesame Soy
Light Mayo ^M, Farro
Butternut Squash
Mizuna Salad Maple
Vinaigrette ^M
- Dessert Special:
Chocolate Mousse,
Whipped Cream

WEEKLY SPECIALS

Deli

Roast Turkey, Apple, Honey, Brie,
Wheat Bread Sandwich ^M
Italian Combo (Ham, Salami,
Prosciutto, Provolone)

Grill

Briget Thomas's Burger Competition
Burger

Taqueria Chipotle Orange Marinated
Flank Steak ^M

Soup

Root Vegetable, Red Lentil Soup ^M
Creamy Lemon Chicken Noodle Soup ^M

CHEF'S TABLE

Tuesday: Thompson Hospitality

Wednesday: BYO Harvest Bowl ^M

On Tuesday, enjoy Thompson Hospitality's Ropa Vieja, a Cuban classic featuring tender shredded beef slow-cooked in a savory tomato-based sauce, served with steamed white rice, Costa Rican black bean stew, and roasted plantains. On Wednesday, celebrate the flavors of fall with our Motiva BYO Harvest Bowl, featuring a delicious mix of seasonal ingredients and autumn-inspired flavors.

HOURS

Breakfast 7 AM - 10 AM

- Grill Breakfast Buffet
- Yogurt & Toast Bar (Closed on Fridays)
- Web & Kiosk Ordering for Grill Favorites

Lunch 11 AM – 1:30 PM
(Grill open until 2PM)

- Salad & Deli Closed on Fridays

3 convenient ways to order:

1. Download the MySystopia mobile app, available on iOS and Android, workplace code: 989980
2. Online at mycafe.systopiacloud.com
3. Café 300 order kiosks

TREE HOUSE

MENU WEEK OF SEPTEMBER 28TH 2026

Coffee Bar 7 AM – 4 PM

STARBUCKS (Monday-Friday)

Breakfast 7 AM – 10 AM

ORCHARD BAR (Monday-Thursday)

Walk up and order one of our FLIK Favorites or build your own smoothie

ARBOR (Monday-Thursday)

Self-serve weighed hot breakfast buffet with new selections daily

Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order breakfast action station

BYO Breakfast Quesadilla

Lunch 11 AM – 1:30 PM

ARBOR (Monday-Thursday)

Self-serve weighed hot lunch buffet with new selections daily

Check our Viva Engage page for daily selections available

CANOPY (Monday-Thursday)

Walk up and order lunch action station

BYO Pasta Bar